

Appendix 1 Sample Menus for Adult Day Services

Starters		
Lentil Soup)
Main Course		
Chicken, Roast P	otatoes + Vegetables	£1-10
Dessert		
Apple Crumble + Fresh Fruit	Custard 50p	50p
Light Snacks		
Cheese Salad Cheese Batch Tuna Salad Tuna Batch Cheese on Toast	45p 45p 60p	•

Starters			
Homemade Vegetable Soup	45p		
Main Course			
Lamb Chop, Potatoes + Vegetables	£1-10		
Dessert			
Syrup Sponge + Custard Fresh Fruit 50p	50p		
Light Snacks			
Cheese Salad Cheese Batch Salmon Salad Salmon Batch Jacket Potato (with Cheese or Coleslaw)	45p 45p 45p 45p 60p		