



Children and Families Overview & Scrutiny Committee

Healthy Weight Update – 28th January 2020

Background

Children and Families OSC in January and February 2019 received several reports and presentations regarding Childhood Obesity in Wirral. The below recommendations were agreed by committee:

It is recommended that The Overview and Scrutiny Committee:

- i) establish a working group to develop via a series of workshops an action plan to identify key areas of work to support local people maintain a healthy weight.
- ii) Note the opportunities identified within this report to promote healthy weight.
- iii) Endorse the proposed development and commitment to the Local Government Declaration on Healthy Weight for Wirral.

The scrutiny panel agreed that the review should include a series of themed workshops and delegates from the Local Authority, partner agencies and various stakeholders.

It was agreed that the workshops should start with an overview presentation delivered and then split into smaller groups for more detailed table conversations.

The workshops were held over November and December 2019 with each looking at separate themes:

20th November 2019 - *Enabling Healthy Weight through Affordable, Accessible and Active Travel*

3rd December 2019 – *The Role of the Food System in Enabling Healthy Weight*

17th December 2019 – *Built and Green Environments, Policies, Planning and Regulations to Enable Healthy Weight*

What's Next....

A full report will be brought to Children and Families Overview and Scrutiny Committee on 17th March 2020. Once agreed by committee, it will then be sent to the appropriate policy committee within the new governance framework.