

THE GREAT WIRRAL DOOR KNOCK

Working in partnership with you to beat loneliness and isolation in our community

In December 2016 The Great Wirral Door Knock came to Woodchurch for three days. Age UK Wirral worked in partnership with local community organisations, Wirral Council, Magenta Living, Merseyside Police, Merseyside Fire and Rescue Service, Citizens Advice Wirral to speak to residents on their doorsteps about **WHAT'S IMPORTANT TO YOU** and your neighbours. The initiative came about following Age UK Wirral identifying a potential high risk of loneliness amongst older people in parts of Woodchurch.

- Over three mornings we knocked on 895 doors, had 246 conversations with residents, with the majority of these being aged 50+.
- We made 98 referrals to key agencies and services like free home safety checks from Merseyside Fire and Rescue Service and Age UK information and advice.
- Following the Door Knock, a number of people who would otherwise have been alone over Christmas attended Age UK Wirral festive events.
- Asda Woodchurch donated hampers as part of the initiative and these were given to Woodchurch residents via local churches.
- New activities have also started to take place as a result of the Door Knock, for example a coffee morning at Woodchurch Library which brought people together and fostered new friendships.

For further information about the Great Wirral Door Knock campaign, please contact Age UK Wirral on **0151 653 4404**.

INSIDE THIS BOOKLET YOU CAN FIND MORE DETAILS OF THE FANTASTIC THINGS GOING ON IN WOODCHURCH.



WHAT'S ON NEAR YOU...

From our conversations with residents, we know that people aren't always aware of the fantastic things that are available in Woodchurch and nearby - from advice and information about issues like debt and employment to free activities which can lead to exciting new experiences, fun and friendship.

Some of these are included in this leaflet and you will receive a very warm welcome if you want to give anything a try!

CARR BRIDGE COMMUNITY CENTRE

Carr Bridge Road, Woodchurch CH49 8EU

- Free Breakfast Club: Every Wed and Thu 10am-12noon
- New Craft & Chat Group: Knitting, sewing, card making and crochet. Snacks provided. Every Wed 10am-12noon
- Tai Chi with Jacqui: £5 per session, every Wed 1.15pm-2.15pm
- Debt adviser: Every Wed 10am-12noon
- Employment adviser: Every Wed 10am-4pm
- Volunteers needed!

For more info or for a chat about volunteering please contact Kerry Morgan on **07392 759887** or **kerrymorgan6932@gmail.com**

HOLY CROSS PARISH COMMUNITY HALL

Church Lane, Woodchurch CH49 7LS

- Luncheon Club: 12noon fortnightly (31st May etc). £2.50 for a main course, dessert and tea or coffee. Subject to membership criteria.

For more info contact the Parish Office **0151 677 5352**.

ST. MICHAELS AND ALL ANGELS CHURCH

1 Gills Lane, Pensby CH61 1AF

- Coffee & Company / Knitting Group: Plus refreshments. Fri 10am-12 pm.
- Bereavement Fellowship Lunch: A monthly meeting for those who have been bereaved. Second Tue of every month, 12.15pm (6th June etc).
- Men's Breakfast: Every other month, Sat 8.45am (15th July, 16th Sept etc).

For more info contact St. Michaels and All Angels Church **0151 929 5743** or Christ Church Barnston **0151 648 2404**

WEST KIRBY METHODIST CHURCH

Westbourne Road, West Kirby CH48 4DQ

- Carers Soup 'n' Support Group: First Thursday of every month 12-2pm (1st June etc). For more info call Sue Gladden **07968 236854**
- Wednesday Room: An opportunity for people who live alone or in residential homes to get together for a chat over a drink and scones. Transport can be provided.

For more info contact Dirk Uitterdijk on **0151 625 3224 / 07847739533** or **www.westkirbymethodist.btck.co.uk**

WOODCHURCH METHODIST CHURCH

Pemberton Road, Woodchurch CH49 8JL

- Soup and Batch Lunches: Every Thu 11.30am-12.30pm
- Friendship Group: Every Thu 10am-12noon
- IT for Beginners: Every Mon 10am-12noon
- Computer classes: Every Mon 1-3pm and every Wed 2-4pm
- Woodchurch Reachout Team: Employment support, benefit advice, CV writing etc. Every Fri 10am-12noon. Contact **0151 658 4349** or **0151 652 6406**
- Fun & Fitness class: Chair based exercise. Every Thu 11am-12noon. £2.
- Fusion: Bereavement Support for parents who have lost adult children. Thu 10.30am-12noon fortnightly (1st June etc.)
- Home Made Cards: Monday 7-9pm monthly (12th June etc).

The Methodist Church also hosts regular meetings for residents to discuss local issues such as housing, road safety, and anti-social behaviour with agencies including Wirral Council, Magenta Living and Merseyside Police. These take place every two months usually on the first Monday of the month (5th June etc) at 3.15pm.

For more info on any of the above activities or for a chat before you arrive, contact **0151 606 9898**.

DO YOU FEEL LONELY?

The Silver Line is the only free confidential helpline providing information, friendship and advice to older people, open 24 hours a day, every day of the year on **0800 470 8090**

KEY CONTACT DETAILS:

- **Age UK Wirral:** A variety of services that reduce social isolation and improve people's ability to live independently. i.e Group shopping, transport to medical appointments/social groups and support for people leaving hospital. Anyone over 18 who feels isolated can be referred: 0151 482 3456 / enquiries@ageukwirral.org.uk
- **Ask Us Wirral:** Launched in April 2017, a service providing information and advice on a range of issues including welfare, debt, housing, later life issues and local services. Mon-Fri 9am-5pm (open until 7pm on Wed) and 10am-1pm on Sat. 0300 3300 111 / www.askuswirral.org.uk
- **Merseyside Police:** 101 - non-emergencies, 999 - emergencies.
- **Magenta Living:** General enquires 0808 100 9596 / contactus@magentaliving.org.uk or for emergencies 0800 111 999.
- **Merseyside Fire and Rescue Service:** Free fire safety advice or to request a Home Fire Safety Check 0800 731 5958
- **Wirral Council:** General enquiries 0151 606 2000. www.wirral.gov.uk
- **Wirral West Constituency Team:** Working in partnership with Elected Members, community groups and volunteers to support local projects, administer grant funding, develop networking and signposting as well as highlighting resident issues to influence services. 0151 929 7706 or 0151 691 8650 / wirralwest@wirral.gov.uk / @ teamwirralwest
- **Connect Us:** We reach out to people in receipt of ESA/IB who may feel trapped, isolated or invisible, providing the missing link for them to access the things they need to achieve their aspirations. We provide up-to-date information as well as encourage, motivate and support. We are also looking for volunteers to help people connect with local services in the interests of health, wellbeing and employability. Get in touch - 0151 644 1100, connectus@involvenorthwest.org.uk or look out for our connectors working in the area.

 @AgeUKWirral