

The NHS Long Term Plan – A Brief Summary

Wirral Health and Wellbeing Board
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Care Commissioning



Overview

- NHS Long Term Plan to be published on 7th January 2019.
- Full planning guidance, deliverables, CCG allocations and financial regime followed.
- One year (2019/20) operational plans by organisation by 4th April 2019.
- Aggregated by Sustainability and Transformation Partnerships (STPs) and accompanied by a local system operational plan narrative.
- Baseline for 5 year system strategic plans for Autumn 2019.
- We will be producing a *Healthy Wirral* Operational Plan 2019/20 and *Healthy Wirral* 5 Year System Sustainability Strategy Plan.
- This is about alignment and collaboration and a “shift left” to primary and community health services.



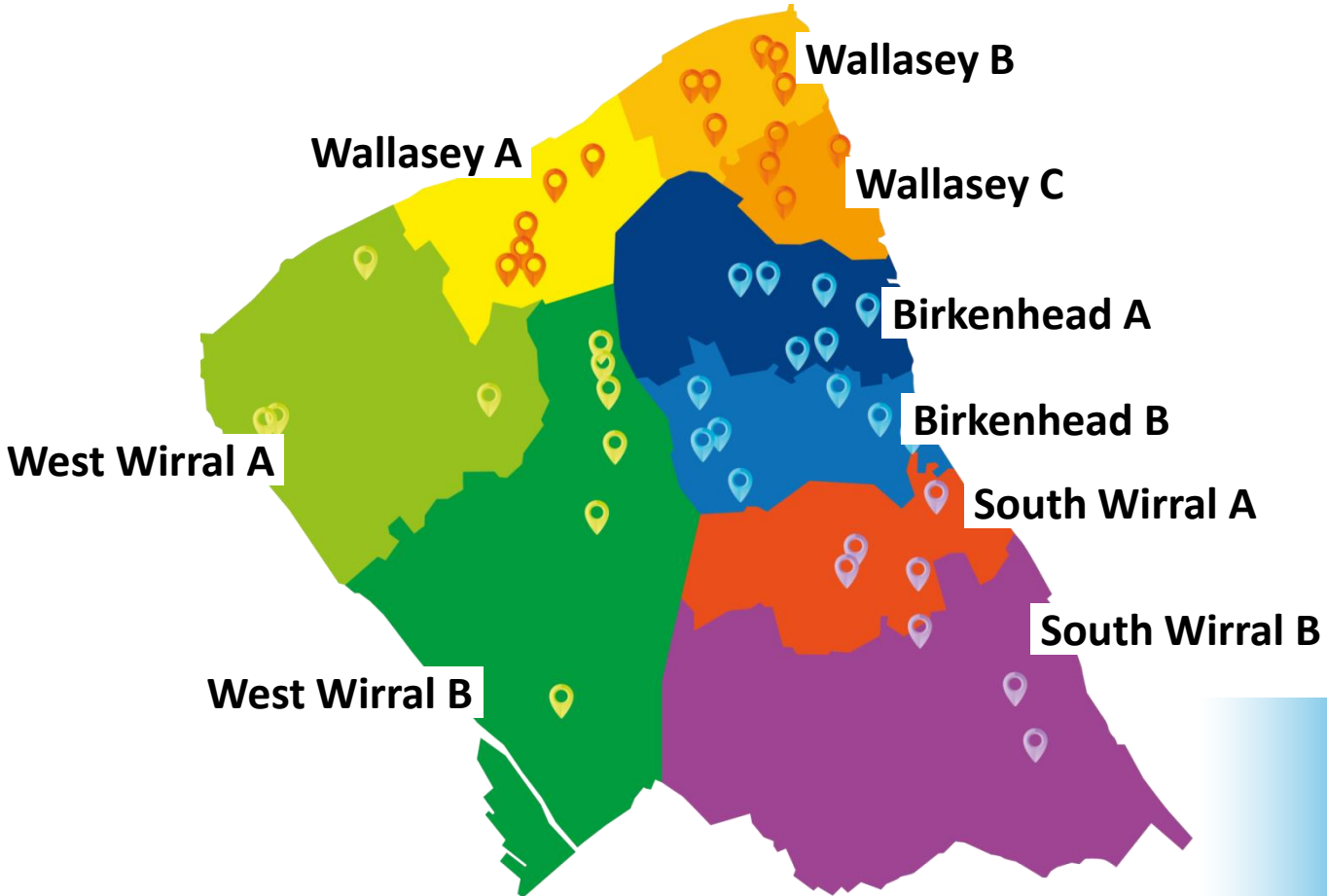
Chapter 1: A new service model for the 21st century

- Every patient will have the right to online 'digital' GP consultations.
- Redesigned hospital support will be able to avoid up to a third of outpatient appointments.
- GP practices - typically covering 30-50,000 people - will be funded to work together to deal with pressures in primary care and extend the range of convenient local services, creating genuinely integrated teams of GPs, community health and social care staff.
- Expanded community health teams to provide fast support to people in their own homes as an alternative to hospitalisation.
- Ramp up NHS support for people living in care homes.
- Extension of 'social prescribing', personal health budgets, and new support for managing their own health in partnership with patients' groups and the voluntary sector.
- Investment in primary medical and community services will grow faster than the overall NHS budget.
- Reduce pressure on the emergency care system - new service channels such as urgent treatment centres, 'same day emergency care' model across all acute hospitals, new clinical standards for major trauma, stroke and other critical illnesses to ensure patients with the most serious emergencies get the best possible care.
- Further action to cut delayed hospital discharges will help free up pressure on hospital beds.



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Our *Healthy Wirral* Neighbourhoods





Chapter 2: More NHS action on prevention and health inequalities

- Specific new evidence-based NHS prevention programmes to cut smoking; to reduce obesity, partly by doubling enrolment in the successful Type 2 NHS Diabetes Prevention Programme; to limit alcohol-related A&E admissions; and to lower air pollution.
- To help tackle health inequalities, five year funding allocations to local areas to be based on a more accurate assessment of health inequalities and unmet need.
- All major national programmes and every local area across England will be required to set out specific measurable goals and mechanisms by which they will contribute to narrowing health inequalities over the next five and ten years.
- Specific action, for example to: cut smoking in pregnancy, and by people with long term mental health problems; ensure people with learning disability and/or autism get better support; provide outreach services to people experiencing homelessness; help people with severe mental illness find and keep a job; and improve uptake of screening and early cancer diagnosis for people who currently miss out.



Chapter 3: Further Progress on Care Quality and Outcomes

- The Plan goes further on the NHS Five Year Forward View's focus on cancer, mental health, diabetes, multimorbidity and healthy ageing including dementia.
- Extends focus to children's health, maternity and neonatal services, cardiovascular and respiratory conditions, and learning disability and autism.
- The Plan also allocates sufficient funds on a phased basis over the next five years to increase the number of planned operations and cut long waits.
- Mental health services funding will grow faster than the overall NHS budget, with a new ringfenced local investment fund worth at least £2.3 billion a year by 2023/24. This will enable further service expansion and faster access to community and crisis mental health services for both adults and particularly children and young people.
- To enable these changes to the service model, to prevention, and to major clinical improvements, the Long Term Plan sets out how they will be backed by action on workforce, technology, innovation and efficiency, as well as the NHS' overall 'system architecture'.

Chapter 4: NHS staff will get the backing they need

- Workforce implementation plan and national workforce group.
- Increase numbers of nurses, midwives, Allied Health Professionals and other staff.
- Grow the medical workforce with a focus on more generalist roles and increase number of doctors working in general practice.
- New arrangements to support international recruitment.
- Focus on staff retention through workforce development and multi-professional credentialling.
- Make the NHS a consistently great place to work and shape a modern employment culture.
- Zero tolerance on violence towards NHS staff.
- Increased focus on respect, equality and diversity.
- Improved mental health support to doctors.
- Productive working through electronic rosters and job planning.
- New focus on leadership and talent management.
- Encouragement for and investment in volunteering initiatives.



Chapter 5: Digitally enabled care will go mainstream across the NHS

- During 2019 we will introduce controls to ensure new systems purchased by the NHS comply with agreed standards, including those set out in *The Future of Healthcare*.
- By 2020, five geographies will deliver a longitudinal health and care record platform linking NHS and local authority organisations, three additional areas will follow in 2021.
- In 2020/21, people will have access to their care plan and communications from their care professionals via the NHS App; the care plan will move to the individual's LHCR across the country over the next five years.
- By summer 2021, we will have 100% compliance with mandated cyber security standards across all NHS organisations in the health and care system.
- In 2021/22, we will have systems that support population health management in every Integrated Care System across England, with a Chief Clinical Information Officer (CCIO) or Chief Information Officer (CIO) on the board of every local NHS organisation.
- By 2022/23, the Child Protection Information system will be extended to cover all health care settings, including general practices.
- By 2023/24 every patient in England will be able to access a digital first primary care offer.
- By 2024, secondary care providers in England, including acute, community and mental health care settings, will be fully digitised, including clinical and operational processes across all settings, locations and departments. Data will be captured, stored and transmitted electronically, supported by robust IT infrastructure and cyber security, and LHCRs will cover the whole country.

Chapter 6: Taxpayers' investment will be used to maximum effect

- NHS England's revenue funding to grow by an average of 3.4% in real terms over five years delivering a real terms increase of £20.5 billion by 2023/24.
- Deal with current pressures, demographic change and other costs, as well as new priorities.
- Sustainable financial path and deliver service improvements.
- Meet five "tests".



Chapter 7: Next Steps

- New NHS Assembly in early 2019.
- 2019/20 will be a transitional year to develop a detailed national implementation programme by autumn 2019.
- Consensus proposals for how primary legislation might be adjusted to better support delivery of the agreed changes.
- Recommended changes to: create publicly-accountable integrated care locally; to streamline the national administrative structures of the NHS; and remove the overly rigid competition and procurement regime applied to the NHS.
- Within the current legal framework, the NHS and our partners will be moving to create Integrated Care Systems everywhere by April 2021.
- ICSs bring together local organisations in a pragmatic and practical way to deliver the ‘triple integration’ of primary and specialist care, physical and mental health services, and health with social care.
- Key role in working with Local Authorities at ‘place’ level, and through ICSs, commissioners will make shared decisions with providers on population health, service redesign and Long Term Plan implementation.



Appendix: Wider Social Goals

- Health and employment
- Health and the justice system
- Veterans and Armed Forces
- Care leavers
- Health and the environment
- The NHS as an “anchor institution”.



Next Steps

- *Healthy Wirral* System Operational Plan by April 2019.
- *Healthy Wirral* 5 Year System Sustainability Plan by Autumn 2019.
- Aligned to national priorities.
- Incorporating local priorities and other “asks”.
- Taking account of Cheshire and Merseyside Health and Care Partnership Programmes.
- Using the *Healthy Wirral* programme approach.



More Information

- NHS Long Term Plan:
<https://www.england.nhs.uk/long-term-plan/>
- Planning Guidance and CCG Allocations:
<https://www.england.nhs.uk/deliver-forward-view/>





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QUESTIONS?

