

WIRRAL PLACE BASED PARTNERSHIP BOARD**Thursday, 10th November 2022**

REPORT TITLE:	TRANSFORMING CARE FOR PEOPLE WHO HAVE A LEARNING DISABILITY AND OR AUTISM - UPDATE REPORT
REPORT OF:	ASSOCIATE DIRECTOR OF TRANSFORMATION AND PARTNERSHIPS DIRECTOR OF CARE AND HEALTH

REPORT SUMMARY

The Transforming Care Programme (TCP) is a national programme led by NHS England which is all about improving health and care services so that more people with learning disabilities and/or autism can live in the community, with the right support, close to home and have the same opportunities as anyone else.

The Transforming Care Programme for people with a Learning Disability (LD) and or Autism continues to deliver for the people on Wirral.

This is the quarterly update report for this workstream.

RECOMMENDATION/S

The Wirral Place Based Partnership Board is recommended to note the report update.

SUPPORTING INFORMATION

1.0 REASON/S FOR RECOMMENDATION/S

1.1 Wirral Place Based Partnership Board is asked to note: -

- the detail within this report, the continued progress regarding the Transforming Care Programme within Wirral place
- the Programme key priority areas:
 - the continued reduction of people both Adults and Children and Young People (CYP) in inpatient beds
 - although there has been a slight increase in adult admissions, mainly due to the aftereffects of lockdown and packages of care breaking down
 - ensuring that there is a community infrastructure to support people living in the community and not being admitted to a hospital bed because there is no alternative
 - close monitoring of delayed transfers of care, both locally and to NHS England
 - utilisation of the Community Discharge Grant (CDG), led and managed by Wirral Local Authority.
 - Improving the uptake and quality of Annual Health Checks (AHCs), continuing to work closely with primary care and NHS England, heavy focus now on people who have not had an AHC at all, coupled with trying to increase our screening rates for example, bowel and breast, which still remains well below the national average
 - Development of a post diagnostic children and young people (CYP) autism service
 - Continued exploration of an all-age autism post diagnostic service.

2.0 OTHER OPTIONS CONSIDERED

2.1 No other options considered as is a nationally prescribed programme with agreed objectives.

3.0 BACKGROUND INFORMATION

3.1 During the past quarter we have achieved the following: -

- Number of inpatients for adults – 4, current target for 21/22 is 2, however 3 of these patients have discharge destinations planned
 - 2 patients are subject to Deprivation of Liberty Safeguards (DoLS) on Cheshire and Wirral Partnership NHS Foundation Trust (CWP) Assessment and Treatment Unit's. Discharge is planned for 1 patient October/November 2022. The other remains without a discharge

destination at this point. There is a multiagency approach to working on identifying an appropriate placement.

- Another patient is currently detained under section 3 of the Mental Health Act on a Mental Health Rehabilitation Unit. This person is ready for discharge and a new provision has been identified, the assessment and transition planning process is ongoing as the service is not due to open until the new year. There is parallel planning on going to explore alternative options also.
- The fourth patient is currently detained on a Section 3 of the Mental Health Act at an independent hospital in North Wales. Assessment and treatment of his mental health is ongoing, and the patient is not ready for discharge yet, however, an appropriate placement has been identified and the process will continue when the patient is well enough.
- Number of inpatients for Children and Young People (CYP) – 1
 - One young person (admitted November 2020) remains in active treatment for eating disorder. They are currently residing at a specialist placement. Work continues to prepare for discharge into the community with the necessary and appropriate levels of support.
 - There is no local target for this cohort
- Number of Care Treatment Reviews (CTRs) – 1
- Number of Care Education Treatment Reviews (CETRs) – 0 due to organisational change and capacity within NHS England these have not taken place. TCP are aware and addressing this gap
- Number of CTRs and CETRs that have prevented an admission – 2

3.2 Continued low numbers of CTRs & CETRs suggests people are being managed effectively in the community, for example by utilising admission avoidance processes and by the intensive support functions of the Community Learning Disability Teams for both adults and children. Admission Avoidance meetings are held when a person is experiencing a period destabilisation/crisis, these enhanced Multi-Disciplinary Team (MDT) meetings are effective in avoiding inappropriate hospital admissions

3.3 Number of Out of Area (OOA) (health) *wishing to and or can return to Wirral* – 6 – no change

- 1 fully health funded patient placed in Cheshire, not currently ready to return to Wirral.
- 2 patients jointly funded out of area in specialist Prada Willi provision, this is not available locally.
- 3 further patients jointly funded who do not wish to return.

We continue to monitor this and ensure that people who can and express a wish to come back to the Wirral are supported in doing so.

3.3.1 OOA (Local Authority) - LA oversee OOA placements with their operational team providing oversight and review and continue to identify and to explore options where a person wishes to return to Wirral.

- 3.4 Community Discharge fund – This is managed and administered by Wirral LA. All applications are authorised by the TCP Programme Director. Over the last 2 years there has been just over £1m allocated across Cheshire and Mersey to support discharges from hospital to the community. To date Wirral has accessed £47,000 for one patient.
- 3.5 Annual Health Checks (AHCs), national target for this year – 70%, currently we are working with Primary Care Networks (PCNs) to achieve this, for the year to date, 21.92% have been completed. Please note this is not a rolling 12 month. The rolling 12-month position i. e. the % of health checks done in the last 12 months, is 66.81%, last year we achieved 69.5% as the final figure. A second quality audit is underway along with the cleansing of the GP LD registers.
- 3.6 Wirral currently is over its current trajectory of 2 for its adult population, but with plans for discharge in place for 3 of our patients of our patients, and children (no local target) has only 1 inpatient. We continue to act proactively as a system via our weekly call with a variety of stakeholders to help discuss potential admissions and facilitate timely discharges, along with the work of the intensive support functions (ISF) of the adult community learning disability teams and CYP ISF. This is aligned with the mental health gateway meeting.
- 3.7 We continue to work with Local Authority colleagues in key areas of service development, including supporting potential placement providers and aligned work programmes for service provision. The wider programme of work continues to develop and deliver community services for young people, including specialised post diagnostic autism service and the community infrastructure work to prevent inappropriate admissions to hospital. These areas of work remain a key focus of the CYP programme. Regarding the therapeutic short breaks provision, we are awaiting the completion of the house purchase, whilst continuing to work on service model, pathway, and outcome measures.
- 3.8 Our enhanced short break offer (entitled the HAZE project) continues and has been extended. The programme provides a range of activities and support in the school holidays for young people with LD and/or autism and their families. It continues following the evaluation of positive outcomes for young people. This programme is being delivered by Open Door (mental health charity). Links have been made by Open Door to other charities, such as Liverpool FC Foundation, to pilot other innovative projects and support for young people in a variety of areas and issues.
- 3.9 The NHS Long Term Plan identified key workers for young people with LD and/or autism and with complex needs as a key objective to be achieved by 2023. Wirral have now recruited to the key worker team, with the key worker lead commencing in post at the start of September, with the remainder of the team in place as of 12 September. The team are currently undertaking their induction with colleagues across the system and developing processes and procedures to support their work with families and young people with LD and/or autism. The team are located within the Local Authority and will continue to be supported by the Key Worker Task and Finish Group which has representation from the Local Authority, Health, a Young Person's Representative, and a Parent/Carer. Regular reports (quarterly) have been

produced and will continue to be provided to NHS England as part of our status as an Early Adopter Site.

- 3.10 It remains a difficult time for people with Learning Disabilities and or Autism but despite the challenges, we continue to deliver and sustain a variety of support and services through organisations such as, third sector, and Local Authority. The year ahead will present its own challenges, but we will continue to use these to develop even more community focused support services as part of our redesign programme and where possible to meet individual needs. Regionally and nationally there remains a recognition that inpatient numbers will rise because of the pandemic.

4.0 FINANCIAL IMPLICATIONS

- 4.1 There are no financial implications related to this update report.

5.0 LEGAL IMPLICATIONS

- 5.1 There are no legal implications related to this update report.

6.0 RESOURCE IMPLICATIONS: STAFFING, ICT AND ASSETS

- 6.1 There are no resource implications related to this update report.

7.0 RELEVANT RISKS

- 7.1 The following areas and programmes have a risk management process in place which identifies appropriate mitigation and controls:

- Therapeutic Short Breaks Provision (CYP). The Children Services (Wirral Council) hold and maintain the risk register for this project, with the appropriate governance structures to provide assurances (via Accommodation Board through and Senior Leadership Team). The risks identified range from property acquisition and refurbishment to service specification/model and registration. There are monthly project meetings for both aspects where risks are monitored and actions to mitigate taken.
- Inappropriate hospital admissions (CYP and adult). The report notes the risk of an increased in hospital admission, arising from factors associated with the pandemic. We have processes and systems established which aim to reduce this occurrence and to support people in their communities. This includes weekly adult and CYP calls with key partners and practitioners to identify where more input and support is required to avoid inappropriate hospital admission.

8.0 ENGAGEMENT/CONSULTATION

- 8.1 There is no current engagement/consultation in relation to this update report.

9.0 EQUALITY IMPLICATIONS

9.1 Wirral Council has a legal requirement to make sure its policies, and the way it carries out its work, do not discriminate against anyone. An Equality Impact Assessment is a tool to help council services identify steps they can take to ensure equality for anyone who might be affected by a particular policy, decision or activity. There is no applicable EIA in relation to this update report.

10.0 ENVIRONMENT AND CLIMATE IMPLICATIONS

10.1 The content and/or recommendations contained within this report are expected to have no impact on emissions of greenhouse gases.

11.0 COMMUNITY WEALTH IMPLICATIONS

11.1 Local employment via community, third sector and Local Authority in the provision of local support services and key worker teams. Community development via local service support redesign focused upon individuals' needs.

REPORT AUTHOR: **Norma Currie**

Head of Commissioning for Learning Disabilities and Autism,
Wirral Place

telephone: 0151 651 0011 (ext. 401104)

email: cmicb-wi.intouch@nhs.net

APPENDICES

N/A

BACKGROUND PAPERS

“Building the right support” – a national plan to develop community services and close inpatient facilities for people with a learning disability and/or autism who display behaviour that challenges, including those with a mental health condition – **NHS England, Local Government Association, ADASS (Association of Directors of Adult Social Services)**

SUBJECT HISTORY (last 3 years)

Council Meeting	Date