

Wirral Place Dementia Strategy 2022-2025

Abigail Cowan - Mental Health Commissioner

Background



- Dementia is a key priority nationally as identified in the NHS Long Term Plan
- During the pandemic, dementia was the most common pre-existing condition for people who died from COVID -19.
- The Wirral Place Dementia Strategy 2022-2025 aims to bring greater alignment of services & more creative responses to peoples needs.
- Focusing on recovery from Covid-19 & improving quality of care by:
 - Reducing the risk/delay of the onset of dementia via preventative measures
 - Increasing awareness & early diagnosis
 - Supporting people to live well with dementia (including carers) within their local communities/ensure plans are in place for when the condition escalates

NHS ENGLAND TRANSFORMATION FRAMEWORK - THE WELL PATHWAY FOR DEMENTIA

PREVENTING WELL



Risk of people developing dementia is minimised

"I was given information about reducing my personal risk of getting dementia"

STANDARDS

Prevention(1) Risk Reduction(5) Health Information(4) Supporting research(6)

DIAGNOSING WELL



Timely accurate diagnosis, care plan, and review within first year

"I was diagnosed in a timely

'I am able to make decisions and know what to do to help myself and who else can help'

STANDARDS:

Diagnosis(1)(6) Memory Assessment(1)(2) Concerns Discussed(3) Investigation (4) Provide Information(4) Integrated & Advanced

Care Planning (1)(2)(3)(5)

SUPPORTING WELL



Access to safe high quality hearin care for people with quality health & social dementia and carers

"I am treated with dignity & respect"

'I get treatment and support, which are best for my dementia and my life'

STANDARDS:

Choice(2)(3)(4). BPSD(6)(2) Liaison(2) Advocates(3) Housing (3) Hospital Treatments(4) Technology(5) Health & Social Services (5) Hard to Reach Groups (3)(5)

LIVING WELL



People with dementia safe and accepting communities

"I know that those around me and looking after me are supported*

"I feel included as part of society*

STANDARDS

Integrated Services(1)(9)(6) Supporting Carers (2)(4)(5) Carers Respite(2). Co-ordinated Care(1)(5) Promote independence(1)(4) Relationships(3). Leisure(3) Safe Communities (3)(5)

DYING WELL



People living with dementia die with dignity in the place of their choosing

"I am confident my end of life wishes will be respected"

"I can expect a good death"

STANDARDS:

Palliative care and pain(1)(2) End of Life(4) Preferred Place of Death(5)

References: (1) NICE Guideline. (2) NICE Quality Standard 2010. (3) NICE Quality Standard 2013. (4) NICE Pathway. (5) Organisation for Economic Co-operation and Development (OECD) Dementia Pathway. (6) BPSD - Behavioural and Psychological Symptoms of dementia.

RESEARCHING WELL

- Research and innovation through patient and carer involvement, monitoring best-practice and using new technologies to influence change.
- Building a co-ordinated research strategy, utilising Academic & Health Science Networks, the research and pharmaceutical industries.

INTEGRATING WELL

. Work with Association of Directors of Adult Social Services, Local Government Association, Alzheimer's Society, Department of Health and Public Health England on co-commissioning strategies to provide an integrated service ensuring a seamless and integrated approach to the provision of care.

COMMISSIONING WELL

- Develop person-centred commissioning guidance based on NICE guidelines, standards, and outcomes based evidence and best-practice.
- Agree minimum standard service specifications for agreed interventions, set business plans, mandate and map and allocate resources.

TRAINING WELL

- Develop a training programme for all staff that work with people with dementia, whether in hospital, General Practice, care home or in the community.
- Develop training and awareness across communities and the wider public using Dementia Friends, Dementia Friendly Hospitals/Communities/Homes.

MONITORING WELL

- Develop metrics to set & achieve a national standard for Dementia services, identifying data sources and set 'profiled' ambitions for each.
- Use the Intensive Support Team to provide 'deep-dive' support and assistance for Commissioners to reduce variance and improve transformation.

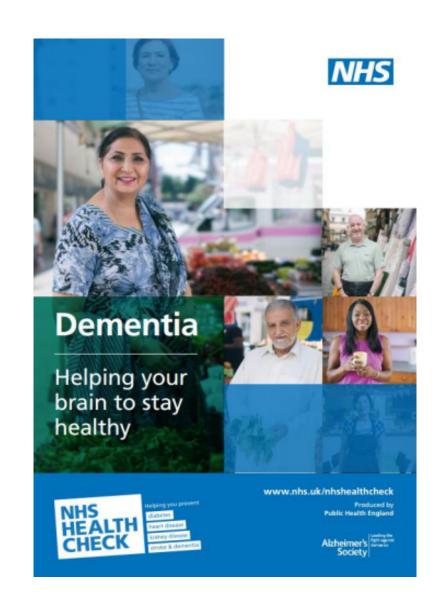


Cheshire and Merseyside



Preventing Well Actions

- NHS Health Checks
 - Carers
 - Providing dementia information
- Raising awareness of the risk factors associated with dementia
- Supporting the 'all age healthy lifestyle' promotions to:
 - Reduce the risk of dementia and
 - To support people to make changes to their health & wellbeing



Dementia Diagnosis Rate Report

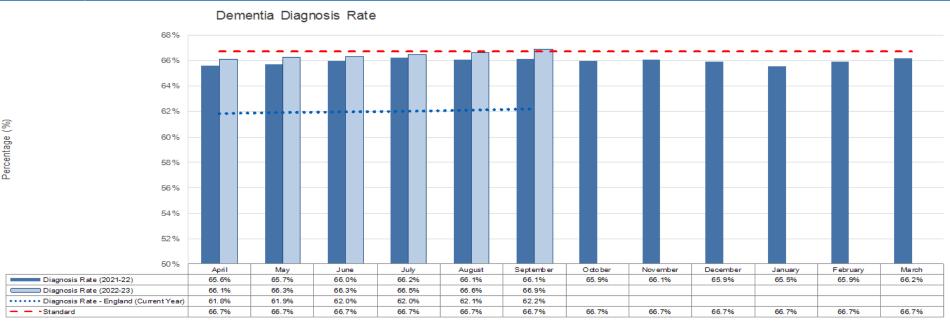
Dementia Diagnosis by Region



Select National/Region: North West

Latest Data: Sep-22

Timeseries Graph - North West



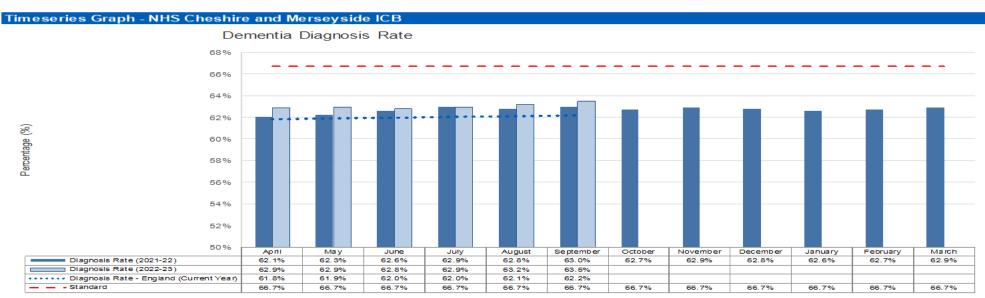
Top 10 and Bottom 10 CCGs Data Tables

North West	▼	Sep-22
		Dementia
		Diagnosis
	Top 10 CCGs (Highest Diagnosis Rates)	Rate
1	NHS BURY (SUBTCB LOCATION)	76.4%
2	NHS GREATER PRESTON (SUBTCB LOCATION)	75.6%
3	NHS TAMESIDE (SUBTCB LOCATION)	72.1%
4	NHS SALFORD (SUBTCB LOCATION)	71.4%
5	NHS MORECAMBE BAY (SUBTCB LOCATION)	71.1%
6	NHS MANCHESTER (SUB ICB LOCATION)	71.0%
7	(SUB ICB LOCATION)	70.9%
8	NHS HALTON (SUBTICB LOCATION)	69.5%
9	NHS BLACKPOOL (SUBTCB LOCATION)	68.9%
10	NHS BLACKPOOL (SUBTCB LOCATION)	68.9%

		Sep-22
		Dementia
		Diagnosis
	Bottom 10 CCGs (Highest Diagnosis Rates)	Rate
1	NHS KNOWSLEY (SUBTCB LOCATION)	58.3%
2	NHS WIRRAL (SUB ICB LOCATION)	60.0%
3	NHS SOUTH SEFTON (SUBTCB LOCATION)	60.1%
4	NHS FYLDE AND WYRE (SUBTICB LOCATION)	61.0%
5	NHS LIVERPOOL (SUBTCB LOCATION)	61.5%
6	NHS TRAFFORD (SUBTCB LOCATION)	62.3%
7	NHS CHESHIRE (SUBTICB LOCATION)	63.7%
8	NHS ST HELENS (SUBTCB LOCATION)	66.4%
9	NHS STOCKPORT (SUB ICB LOCATION)	66.8%
10	NHS SOUTHPORT AND FORMBY (SUBTICB LOCATION)	67.3%

Footnotes

Select National/Region: North West Select STP: NHS Cheshire and Merseyside ICB Latest Data: Sep-22



Dementia Diagnosis Rates by CCG - NHS Cheshire and Merseyside ICB





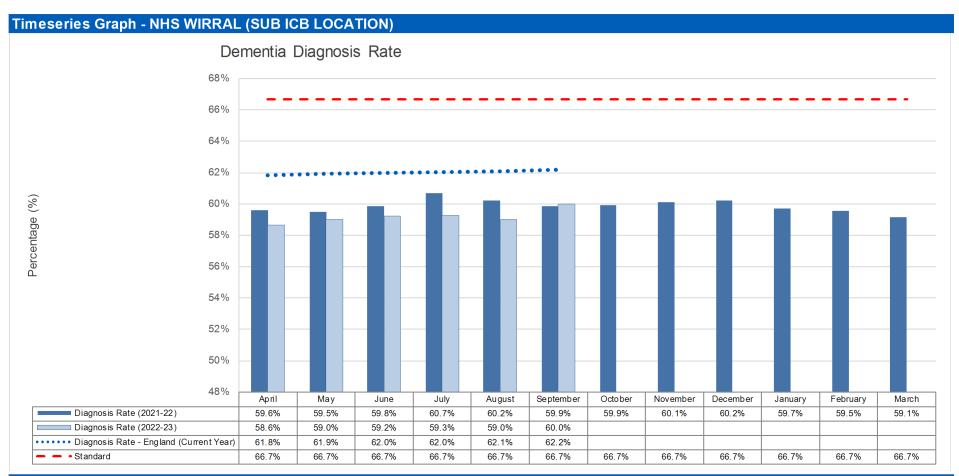


Select National/Region: North West

Select STP: NHS Cheshire and Merseyside ICB

Select CCG: NHS WIRRAL (SUB ICB LOCATION)

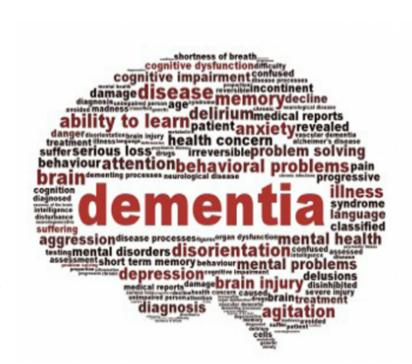
Latest Data: Sep-22





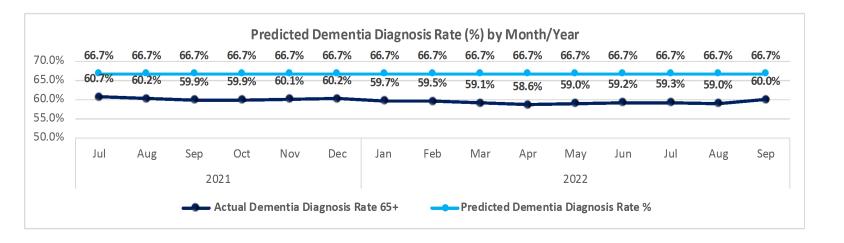
Diagnosing Well Actions

- Achieve the national dementia target of 66.7%
- Share & monitor GP practice level data
- Appropriate support information from presentation to diagnosis
- Improve diagnostic rates for BAME and LD communities
- Early identification of carers of people with dementia



Dementia Diagnosis Rate as at September 2022

4727	Dementia Estimate 65+
2836	Dementia Practice Registers 65+
2836 60.0%	Dementia Diagnosis Rate 65+
1891	Undiagnosed Cases 65+



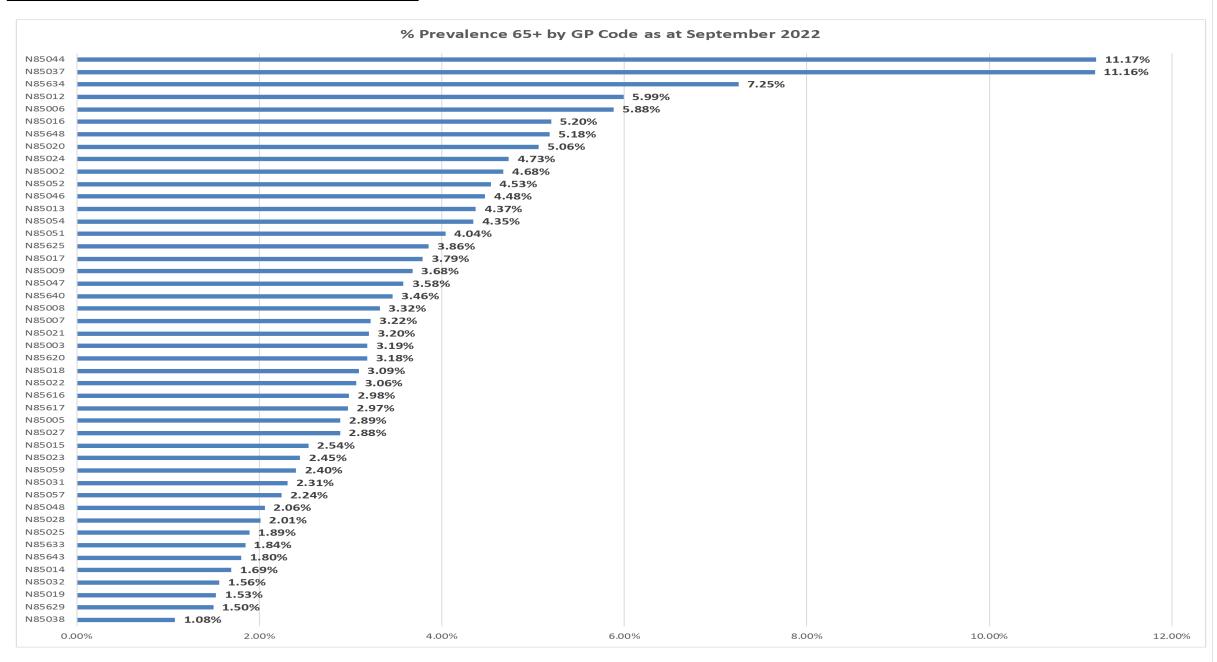
	2021					2022									
	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep
Predicted Dementia Diagnosis Rate %	66.7%	66.7%	66.7%	66.7%	66.7%	66.7%	66.7%	66.7%	66.7%	66.7%	66.7%	66.7%	66.7%	66.7%	66.7%
Actual Dementia Diagnosis Rate 65+	60.7%	60.2%	59.9%	59.9%	60.1%	60.2%	59.7%	59.5%	59.1%	58.6%	59.0%	59.2%	59.3%	59.0%	60.0%
Dementia Practice Register 65+	2,783	2,771	2,761	2,768	2,780	2,784	2,763	2,760	2,749	2,734	2,762	2,780	2,791	2,787	2,836
Dementia Eastimate 65+	4,588	4,600	4,612	4,619	4,625	4,625	4,629	4,635	4,649	4,662	4,679	4,696	4,709	4,721	4,727
Undiagnosed Cases	1,805	1,829	1,851	1,851	1,845	1,841	1,866	1,875	1,900	1,928	1,917	1,916	1,918	1,934	1,891

Sep 2022

Sum of VALUE			Measure				
PRACTICE_CODE	-	PRACTICE_Name	DEMENTIA_REGISTER_ 0_64	DEMENTIA_REGISTER _65_PLUS	DIAG_Received_ Care_Plan	PAT_LIST_0_64	PAT_LIST_65_ PLUS
■ N85002		MARINE LAKE MEDICAL PRACTICE	1	255	174	14026	5454
■ N85003		ALLPORT MEDICAL CENTRE	1	31	24	3925	973
■ N85005		EASTHAM GROUP PRACTICE	4	76	50	8643	2633
■ N85006		CIVIC MEDICAL CENTRE	3	139	88	7197	2362
■ N85007		HESWALL & PENSBY GROUP PRACTICE	О	168	118	11414	5217
■ N85008		WEST WIRRAL GROUP PRACTICE	О	137	110	9844	4129
■ N85009		COMMONFIELD RD SURGERY	4	42	25	4330	1142
■ N85012		ST GEORGES MEDICAL CENTRE	4	127	48	7475	2120
■ N85013		UPTON GROUP PRACTICE	3	96	27	5656	2195
■ N85014		TOWNFIELD HEALTH CENTRE	3	19	13	4333	1123
■ N85015		DEVANEY MED CTR	3	37	10	6296	1459
■ N85016		RIVERSIDE SURGERY	9	73	61	6734	1405
■ N85017		CAVENDISH MEDICAL CENTRE	4	32	29	4523	844
■ N85018		VILLA MED CTR	1	45	28	4611	1457
■ N85019		WHETSTONE LANE MED CTR	4	20	15	7152	1308
■ N85020		ST CATHERINE'S SURGERY	2	131	97	12560	2588
■ N85021		HAMILTON MED CTR	5	16	3	2271	500
■ N85022		HOLMLANDS MED CTR	3	24	22	2814	784
■ N85023		MANOR HEALTH CTR	О	29	8	4547	1184
■ N85024		SOMERVILLE MED CTR	2	67	55	7520	1415
■ N85025		ST HILARY GROUP PRACTICE	1	25	14	4540	1322
■ N85027		CENTRAL PARK MEDICAL CENTRE	3	48	6	8583	1664
■ N85028		MORETON GROUP PRACTICE	3	63	49	9948	3132
■ N85031		GLADSTONE MED CTR	2	16	13	3196	693
■ N85032		GREASBY GROUP PRACTICE	О	34	18	4772	2177
■ N85037		HEATHERLANDS MED CTR	7	78	79	4069	699
■ N85038		VITTORIA MED CTR G	1	8	3	3825	743
■ N85044		CLAUGHTON MEDICAL CENTRE	8	325	220	12578	2909
■ N85046		HOYLAKE RD MET CTR	5	50	37	3681	1117
■ N85047		ORCHARD SURGERY	1	52	33	4840	1452
■ N85048		MORETON MEDICAL CENTRE	2	25	12	4136	1215
■ N85051		SUNLIGHT GROUP PRACTICE	5	97	57	10178	2402
■ N85052		GROVE RD SURGERY	О	39	8	3009	860
■ N85054		KINGS LANE MEDICAL PRACTICE	1	50	35	4032	1150
■ N85057		TEEHEY LANE SURGERY	1	12	6	1410	535
■ N85059		HOYLAKE & MEOLS MEDICAL CTR	2	43	14	5625	1789
■ N85616		LISCARD GROUP PRACTICE	2	24	16	3706	805
■ N85617		SPITAL SURGERY	О	38	13	3393	1279
■ N85620		THE VILLAGE MEDICAL CENTRE	1	52	14	4893	1634
■ N85625		MIRIAM PRIMARY CARE GROUP	7	96	49	12954	2490
■ N85629		EGREMONT MED CTR	О	9	3	3736	602
□ N85633		CHURCH ROAD MEDICAL PRACTICE	1	12	8	3684	651
□ N85634		VITTORIA MED CTR K	О	19	13	1407	262
□ N85640		LEASOWE MEDICAL PRACTICE	О	10	2	2609	289
□ N85643		PRENTON MEDICAL CENTRE_MURUGESH V	1	13	10	 	722
□ N85648		BLACKHEATH MED CTR	3	34	27		
12F Wirral			113	2836	1764		+

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<u>Dementia Prevalence by GP Practice</u>





DiADeM Pilot

- DiADeM (Diagnosing Advanced Dementia Mandate) is a tool to support the diagnosis of advanced dementia in care homes
- Provider Dementia Resource Community aligned with Age UK Wirral
- Aims are to implement DiADeM tool in care homes, improve dementia diagnosis and help to ensure those with a diagnosis of dementia receive the support that they need.
- **Benefits** of a formal diagnosis allows appropriate care plans to be written, informs advance care planning, helps prevent hospital admissions and avoids inappropriate prescribing of medication.
- Press release <u>NHS England » NHS launches new dementia</u> <u>diagnosis drive</u>





DiADeM Delivery

- GP practices to share list of patients living in care homes without a dementia diagnosis
- Memory assessor nurse attended care homes and working with staff to triage the list of residents to identify those potentially exhibiting cognitive impairment symptoms
- Using DiADeM tool as a framework, the nurse assessor to conduct an assessment - history taking, cognitive assessment, consultation with family and care staff & review of antipsychotic medication.
- Case discussion and diagnosis considered MDT/Memory Clinic
- Any diagnosis reported to GP practice to ensure communication of any recommended treatment or changes to care planning & enable appropriate coding





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HERBERT

Safe & Found

Supporting Well Actions

- Provide information about post diagnostic support in the community
- Promote the local crisis line wherever possible

Promote the Herbert Protocol Initiative adopted by Merseyside

Police to help find missing people with dementia

Support carers to care for loved ones & themselves

Encourage health professional dementia training



Dementia Friendly Wirral

Friendlu

Living Well Actions

 Support Wirral's "working to become dementia friendly status" focusing on recruiting & training more dementia friends and champions in the community

- Support and promote activities which:
 - Increase cognitive stimulation &
 - Reduce social isolation





Planning Well Actions

- People with dementia and their carers to be offered information regarding advance care and end of life (EOL) planning in a sensitive and timely manner and be supported/signposted to put these plans in place.
- Staff to have access to relevant education and training in end of life planning and end of life care
- Ensure that carers are signposted to:
 - Local third sector organisations offering bereavement support and
 - Improving Access to Psychological Therapies services (IAPT) for bereavement counselling if appropriate.

Cheshire and Merseyside

Dementia LES

- GP Practice dementia lead GP, staff training, accurate coding and registers
- Supports early recognition and diagnosis of dementia
- Reduces waiting times through the shared care model
- Enhances physical care and health promotion, especially regarding vascular dementia
- A holistic approach to dementia care in the community, supporting local signposting advice

Future Ideas

- Dementia lead GP per PCN
- Additional resources and training for GPs, with an interest in dementia care:
 - To support with earlier dementia diagnosis
 - Increasing dementia diagnosis rate
 - To support the memory clinic to focus on increasing demand & more complex patients